



Wake Monarch Academy does not endorse any of these organizations but want to provide resources to those who are struggling and need help. As in any emergency, dial **911** for immediate life-threatening circumstances.

CRISIS

Resource	Phone	Description
Holly Hill Hospital (Raleigh)	919-250-7000	Immediate crisis need (all ages)
WakeBrook (Raleigh)	984-974-4800	Immediate crisis need (all ages)

NC ADOLESCENT SUBSTANCE USE TREATMENT PROVIDERS

Resource	Phone	Description
Insight Program (Cary)	919-679-7577	IOP substance use/dual diagnosis (ages 13-25)
Duke Center for Adolescent & Young Adult Substance Use Treatment (Durham)	919-328-2998	Various treatment options (ages 13-24)
UNC Adolescent Alcohol & Substance Abuse Program (Chapel Hill)	984-974-6320	Various treatment options (ages 13-21)
Red Oak Recovery (Asheville)	866-457-7590	Substance use/dual diagnosis inpatient(ages 14-30)
SUWS of Carolinas (Old Fort)	866-516-0910	Wilderness based residential programs (ages 10-17)
Triangle Springs (Raleigh)	984-205-5734	PHP, IOP mental health, substance use, (ages 13-18)
Sigma Health Services (Raleigh)	919-669-4496	Various treatment options (Teen)

NC TRIANGLE ADOLESCENT MENTAL HEALTH TREATMENT PROVIDERS

Resource	Phone	Description
Simply Thrive (Apex)	919-335-5053	Mental Health/Trauma IOP (ages 13-18)
Bright Path (Wake Forest)	919-276-4005	Mental Health PHP & IOP (ages 13-18)

NC SUBSTANCE USE TREATMENT PROVIDERS (AGES 18+)

Resource	Phone	Description
Green Hill Recovery (Raleigh)	984-204-1106	Recovery Housing & IOP for substance use/dual diagnosis (ages 18+)
First Step Services (Raleigh)	919-833-8899	IOP & outpatient services for substance use/dual diagnosis (ages 18+)
Triangle Springs (Raleigh)	984-205-5734	Inpatient & outpatient services for substance use/mental health (ages 18+)
Asheville Recovery Center (Asheville)	828-373-8704	Detox, inpatient & outpatient services for dual diagnosis (ages 18+)
Sandhills Adult & Teen Challenge (Southern Pines)	855-363-2334	9-month Christian based residential treatment program (ages 18-65)
Crestview Recovery Center (Asheville)	828-575-2701	IOP, PHP & inpatient services for substance use/dual diagnosis (ages 18+)
Healing Transitions (Raleigh)	919-838-9800	Free long-term recovery program, overnight shelter, non-medical detox & family services (ages 18+)

OTHER RESOURCES

Resource	Description
Alcohol & Drug Council of NC 800-688-4232	Statewide Referral Resource Database for all things related to substance use disorders
SAMHSA www.samhsa.gov	Wealth of information about substance use disorder & mental health services, treatment and information about recovery programs
NAMI www.nami.org 800-950-6264	Provides workshops and information for mental illness
More Powerful NC www.morepowerfulnc.org	Resource for those interested in recovery as well as family members for understanding substance use
Alcoholics Anonymous www.aa.org	12-step recovery program for those who struggle with alcohol use
Al-Anon www.al-anon.org 888-425-2666	Support for family members (including Al-Ateen) with those who struggle with alcohol use
Narcotics Anonymous www.na.org	12-step recovery for those who struggle with substance use
Nar-Anon www.nar-anon.org 800-477-6291	Support for family members with those who struggle with substance use
Celebrate Recovery www.celebraterecovery.com	Christian based 12-step recovery program for substance use
Apex Mayor's Substance Misuse Task Force	The mission of the Mayor's Substance Misuse Task Force is to provide education, resources, and hope for those affected by substance misuse
National Institute of Drug Abuse www.nida.nih.gov	Trusted source for science-based information on teen drug use and its effects